**IT HEALTH**

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| How you manage your health is about to change for the better. Medical breakthrough is helping us to live healthier and longer. Advancements in technology are giving us the tools and resources to take control of our health. |
| Health Information technology or Health IT for short is upgrading our healthcare system for the 21st (twenty-first) century. Today’s technology is freeing us from the confines of the paper world giving our doctors, nurses and ourselves the flexibility to access and share our health information securely when and where it is needed, it’s a big link but not a new one. |
| Throughout history, technology has changed our lives getting us where we need to go faster, saving us time, and improving how we communicate. It’s time healthcare caught up the way we live rest of our lives. The good news is that health IT is reshaping healthcare, creating a smarter response system, reducing paper work; saving time scheduling doctor’s appointments and improving the way prescriptions are filled. |
| Health IT has the potential to bring your health information together from multiple sources so everyone that’s caring for you is on the same page, not pages. And that’s a good thing! As technology advances you will be able to securely connect with your doctors online to review test results, manage chronic diseases like diabetes and make a shared plan to keep you healthy. Progress like this means better communication with your healthcare providers. |
| Suppose you have a new doctor who needs your results from a past checkup or your father forgets which medicine he is supposed to take; or your child is away at camp and he has to go to the ER. |
| Having online access to you and your family’s medical history can save more than time, it can save lives. Having a complete picture of your medical history is vital to managing your health. Health IT gives you, your loved ones and your healthcare providers access to the big picture so you can make decisions together that are right for you. |
| Now it’s the time to take that step into the world of better communication and greater convenience, having secure electronic access to the information at the right time and the right time place can help everyone get the best care. |
| Health IT is good for you in more ways than one |

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